VACN JOURNAL VOL 6 MAR 2026



YEAR OF THE FIRE HORSE

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Welcome!

Welcome to Lunar Year of the Fire Horse which began in February 2026. We dedicate this volume to our noble horse friends who have been helping humanity wholeheartedly throughout history.

This combination is rare, occurring only every 60 years.

The Medicine Cards by Jamie Sams & David Carson share this about horse beings: “Before Horse, humans were earthbound, heavy-laden, and slow creatures indeed. Once humans climbed on Horse’s back, they were as free and fleet as the wind. Through their special relationship with Horse, humans altered their self-concept beyond measure. Horse was the first animal medicine of civilization. Humanity owes an incalculable debt to Horse and the new medicine it brought... Today we measure the capacity of engines with the term ‘horsepower,’ a reminder of the days when Horse was an honored and highly-prized partner with humanity.”

It is said that 2025 was about preparation, while this fire horse year is

Welcome!

about ignition.
Fire represents transformation, illumination, intensity and release.
When paired with the spirit of freedom of horse, we may see more shifts and transformations occurring this year.
This (and last) year are important ones for determining humanity's trajectory.
The more we spread peaceful energy through the vegan diet and lifestyle, the more love we spread, and the more the animal beings can help to nourish, heal and protect our beautiful Mother Earth.
So, in the spirit of the Fire Horse, I encourage you to keep being the beautiful vegan souls that you are, and to help others discover and embrace this compassionate lifestyle.
Also, be sure to nurture and nourish yourself. It might be a wild ride, but so much help is being showered upon us - animal friends have shown me so many angels and other beings assisting humanity. Even our beloved pet-family members are doing extraordinary things!
Lots of love and blessings to you this year!

Kara Seth

Kayleigh's Gifts

By Holly Davis, Vegan Animal Communicator

Kayleigh came into my life as my first mare, but she became so much more than that. She was my teacher, my quiet guide, and the horse who would change the way I understood life itself. Our connection was deep in a way that is difficult to explain to those who have never shared that kind of bond with an animal. She had a presence that felt wise and steady, as if she could see the world from a place of calm understanding. What I didn't know at the time was that her final lesson would be the most powerful one she ever gave me.

One day, as clearly as if she had spoken aloud, Kayleigh told me that she was ready to go. She let me know she would pass in three days' time. At first, my heart resisted the message. I wanted to hold on, to keep her with me for as long as possible.

My immediate thought was to cancel my plans to attend the Natural Horse Gathering so that I could spend every moment with her. But Kayleigh gently insisted that I should go. She told me not to worry, and to look out for a little yellow dog when I got there.

Reluctantly, I honoured what she had asked of me and set off for the gathering. On the journey, I stopped at the motorway services for a coffee. It was an ordinary moment, the kind

that usually passes without notice. Yet something nudged me to look down at the receipt in my hand, something I would never normally do. Printed there were the words:

"You have been served by Kayleigh."

My breath caught in my chest. It felt like a small but unmistakable wink from her, a reminder that the connection between us was still very much alive.

When I arrived at the Natural Horse Gathering, the day unfolded in the gentle rhythm of people who shared a love of horses and natural horsemanship. As I walked through the space, my eyes were suddenly drawn to something unexpected. There, beside a holistic vet, sat a small yellow dog. Dogs were not allowed at the event, which made the moment even more striking. I felt a quiet certainty wash over me that this was the dog Kayleigh had told me about.

I approached slowly and crouched down beside the little dog. Feeling slightly foolish yet deeply sincere, I asked if it had a message for me. In that still moment, the answer came as clearly as any spoken words: "It's been a pleasure to serve you." The words landed softly but powerfully in my heart. I understood then that Kayleigh was preparing me, gently guiding me so that when the time came, I would be ready. Over the next three days, I spent as much time with Kayleigh as I possibly could. I brushed her with my bare hands, I sat beside her, spoke to her, and simply shared space with her in the quiet way that horses invite us to do.

Kayleigh's Gifts Continued...

There was sadness, of course, but also an unexpected sense of calm. She seemed peaceful and certain, as though she had already made the journey in her heart and was simply waiting for the right moment for her body to follow.

When the day arrived, the vet came to help her pass. I stood by Kayleigh's side, my hand resting on her, feeling both the weight of the moment and the strange serenity surrounding it. As the injection was given, she spoke to me again. Her voice in my mind was steady and reassuring. She spoke as she was injected, as she slipped away, and even after she had passed. There was no break in the conversation, no sense of loss of connection.



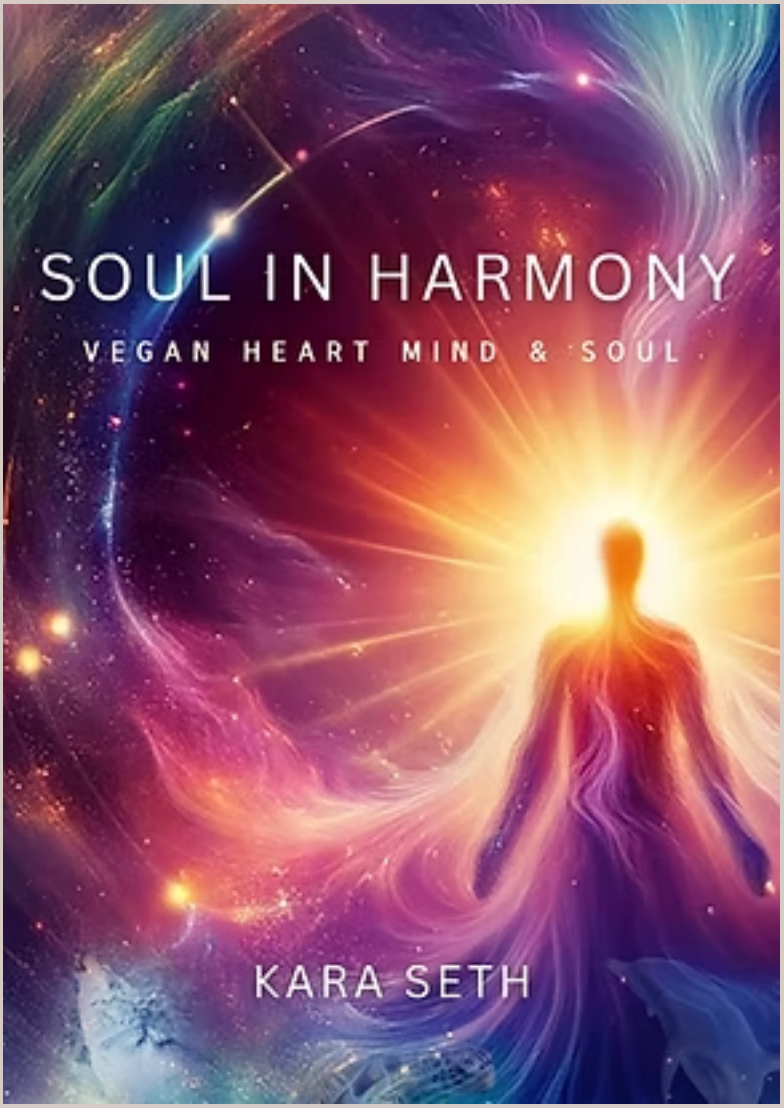
It was one of the most beautiful and heartbreaking experiences of my life, yet it carried a deep peace that I had never associated with death before.
Kayleigh's final gift to me was a profound lesson about death and dying - that it is not something to be feared, but something that can be met with grace, presence, and love. Since that day, I have never feared death in the same way again. All because of Kayleigh, my first mare, and the extraordinary gift she gave me: the gift of listening.



By Holly Davis, Vegan Animal Communicator,
Equine Behaviourist & Therapist
www.centaur-therapies.co.uk

NEW BOOK

FREE TO READ & DOWNLOAD



This book is a flow of love and logic, woven together brilliantly to convey the current call of the hearts and souls around the planet. Discover the messages from animal beings around the world as they are relayed through telepathic animal communicators.

GET YOUR COPY HERE!!

Captain's Love & Wisdom



Excerpt from an interview with Kathleen Schurman

Kathleen Schurman and her husband founded Locket's Meadow Farm Animal Sanctuary in 2000. Kathleen is a vegan animal communicator, who welcomes and cares for the animal beings with so much love. In the interview that can be viewed here, she tells the remarkable story of Captain, and how he has helped teenage girls to blossom and grow.

"Every one of them has a story. My horse Captain, the day he came and he was tearing around in the back paddock, he was only four months old. Because We got the PMU [former Pregnant Mare Urine] babies at four to five months old. And he was so angry. And he's racing around and I'm struggling with the name. I, for some reason, it feels like it has to be like military, you know? And he made a circle and I looked at the side of his head and there's a perfect C by his ear. And I'm like, "Captain, it's Captain." And he stops. And he walks over to me and he just looks at me. And I knew that he knew his name. That was his name. And that I got it so quickly. I was so thrilled."

Captain's Love & Wisdom

Excerpt from an interview with Kathleen Schurman

She goes on to share, “As soon as I called out his name, we were best friends. And that was that. Nobody else could go near him. But, I knew his name, so he trusted me. And, every one of them has a story like that. So, and if one comes with a name already and they know their name, we do not change their name. It's their identity.”

Captain went on to request that Kathleen work with girls who were experiencing challenges in their lives. So Kathleen facilitated a program, and Captain was central to it. He would give Kathleen information about the girls, and he wanted the girls to get him to lunge.

This was a profound experience for one girl in particular for whom Captain refused to lunge. Kathleen shared the message from Captain to the girl, “... What he is telling me, honey, is that you're disorganized. You're disorganized and you have to get the rope organized, and you have to get your room clean. He says, your room is a disaster.”

The girl thought Kathleen had been speaking to her mum. “And she looks at me and she goes, “You've been talking to my mother?” I'm like, “No, no. I'm telling you. He just said, your room is a disaster. I have had no conversations with your mother. You've got to organize your room. You've got to clean it and organize it, and, then you can get your mind organized and then you could become stronger. You've got to be stronger and stand up for yourself. Right?”

Captain's Love & Wisdom

Excerpt from an interview with Kathleen Schurman

And she's like, "Well, if you know so much, then what color is everything in my room?" And I look at Captain and I look at her and I said, 'He says, it's all pink. Everything's pink.' But this horse could see her room by connecting to her."

Captain seemed intent on teaching the girl this important lesson, as Kathleen describes: "Several weeks go by. She did not clean her room. That horse did not lunge for her until she cleaned her room. It was hysterical. But that's how incredibly brilliant and connected they are, what they're capable of doing. All of these girls who were so quiet and mousy have all just blossomed. And, it wasn't me, it was Captain. And you know, this is a horse who at four months old was supposed to be slaughtered and eaten. I don't know if he did it for me because he loves me so much and he knows what I went through as a child. And, he picks up on every aspect of me because he is so intuitive. But but wow, he's good."

We encourage you to watch the full interview HERE!

To support Locket's Meadow Farm Animal Sanctuary, please visit: www.locketsmeadow.org

To follow on Facebook: www.facebook.com/LocketsMeadowFarm/

To follow on YouTube: https://www.youtube.com/@LocketsMeadowFarm

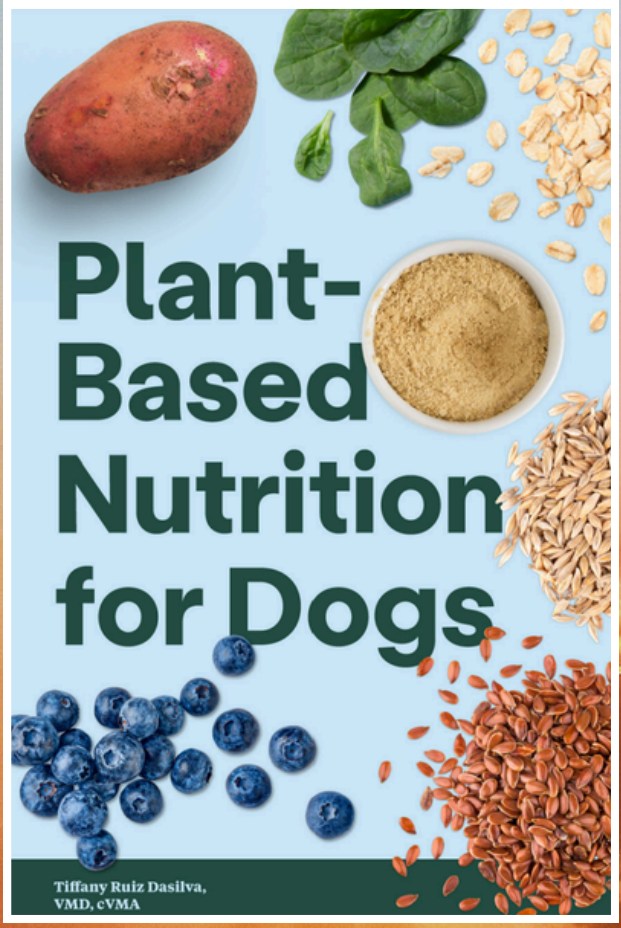


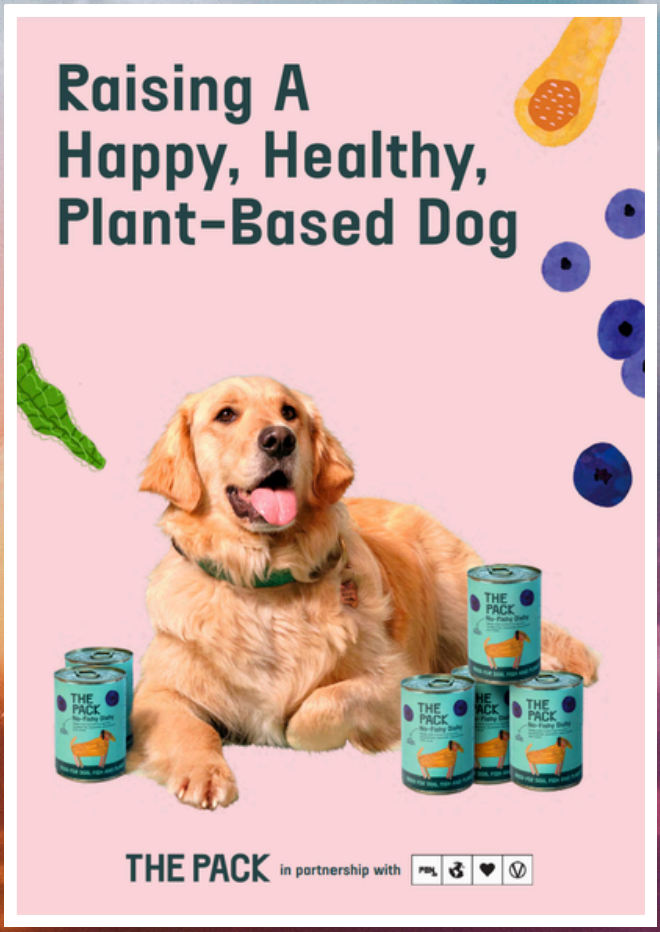
FREE PLANT-BASED DOG GUIDES!

Wild Earth has a free Plant-Based Nutrition for Dogs book on their website which is available HERE.

The Pack also has a free book, Raising A Happy, Healthy, Plant-Based Dog which is available HERE.

Free show on vegan dogs HERE.







Join VCOP25: VEGAN Convergence of the Peoples
Honoring International Calf and Cow Mother's Day!

Saturday Apr 25, to Sunday Apr 26, 2026

At V-COP25, we will gather to:
explore the events that will be offered during the International Calf and Cow Mother's Day (May 9 & 10, 2026) and how these pertain to the ongoing transformation from Planet A to Planet B!

More Details & Tickets HERE!

Vega Awarded 2022 World Food Healers Day

Thank you for your service to humanity

FoodHealers.org

The Spirit Stallion's Message

By Billie Dean
Vegan Interspecies Telepath & Shaman

The spirit stallion was instantly in my awareness, catching me by surprise.

Normally, I do a releasing ceremony under the full moon for all the animals whose souls are earth-bound after being killed against their will — farmed animals, hunted animals, and those who pass in disasters like fires and floods.

But that particular month, I had decided not to do ceremony, because the skies had let loose a heavy torrent of much-needed rain.

That night, however, the spirit of a stallion insisted on coming through and speaking to me anyway.

"I don't want to be released," he said. "I want to roam the country where I was born ... where I lost my life and my family." His voice was heavy with grief, which I felt in my heart. But he also carried himself with the strength and wisdom of the Ancients.

His country was the Snowy Mountains of New South Wales, Australia, where the Australian government is bent on eradicating the iconic Australian wild horse, the brumby. I have been fighting their cause for years and have saved several herds from the horrors of ground shooting.

"I need you to relay a message to humanity, and especially your leaders," he said. "It is offensive to us Elders to be called a 'pest.'

We are the Elders of this planet, and as such we need respect for our selves and our ways for we know how to heal the Earth. We are of the Earth. And we carry the wisdom of the ages.

The Golden Age, which so many humans are anticipating, is not just for humans. It is for the Mother Earth, and all her children. Each and every species. But how can there be a Golden Age if blood is still being shed, if violence is accepted as the norm?"

I felt the stallion's despair as my own. I thanked him for his message, and now, I pass it on to you...

The Spirit Stallion's Message

"The voices of the animal people are rising with urgency. They want to feel safe and secure, and for humankind to act with compassion and loving-kindness.

They feel loss just like we do, and the intensity of their grief is just as strong. It's time for humanity to stop the suffering of animals, and celebrate our earth and her beings with reverence and with appreciative joy."

- **Billie Dean** is an innate interspecies telepath who founded A Place of Peace, the farm animal and wild horse sanctuary of the Deep Peace Trust, Australia. Billie is the author of the vegan award-winning book Secret Animal Business. For more information, please visit her YouTube channel. Her books and films are available at wildpureheart.com. Support her sanctuary work at www.deeppeacetrust.com.





Be A Benevolent Brumby Benefactor

Here at the Deep Peace Trust, we have a heart for horses, and a special soft spot for brumbies. There's something so pure about the wild ones who we care for in sanctuary. We learn so much from them — about their society, their strong family bonds, how they care for each other, and their deep connection to the land. Learning about the world of the wild equines helps us understand so much about their domesticated cousins and give the latter a better life.

There are dozens of brumbies in sanctuary here, and it takes a lot to provide for their well-being, care, and rehabilitation. We feed them twice a day and check them to make sure they're healthy and happy.

But we can't do it alone.

If you have a heart for horses like we do, then we need your help, by becoming a Benevolent Brumby Benefactor.

Our Benevolent Brumby Benefactors are monthly donors who support our rescued brumby herds. They make it possible for us to take on horses like Pahara whose story broke our hearts. She'd been trapped



Be A Benevolent Brumby Benefactor

and removed from the Kosciuszko National Park, taken away from her herd and family.

A kind soul saved her again, and at that point, we knew she had to come here. She arrived in early 2022.

Your support also tells the world you believe that the lives of brumbies are precious, that you don't accept violence and fear as a norm, and that you want to reduce suffering in the world.

Your monthly (or one off) donation as a Benevolent Brumby Benefactor means we can keep doing the work we do here at the Deep Peace Trust — the care, the feeding, the rehabilitation, and ensuring that the brumbies here are happy and healthy. It helps pay for vet care, and for those who need it, special needs care.

- Billie Dean

To support the Deep Peace Trust - Australia's largest animal (including former farm animal) sanctuary in Australia, please visit THIS PAGE. Thank you.



Check Out Our Youtube Playlist!

Want to watch some fantastic interviews with animal communicators?

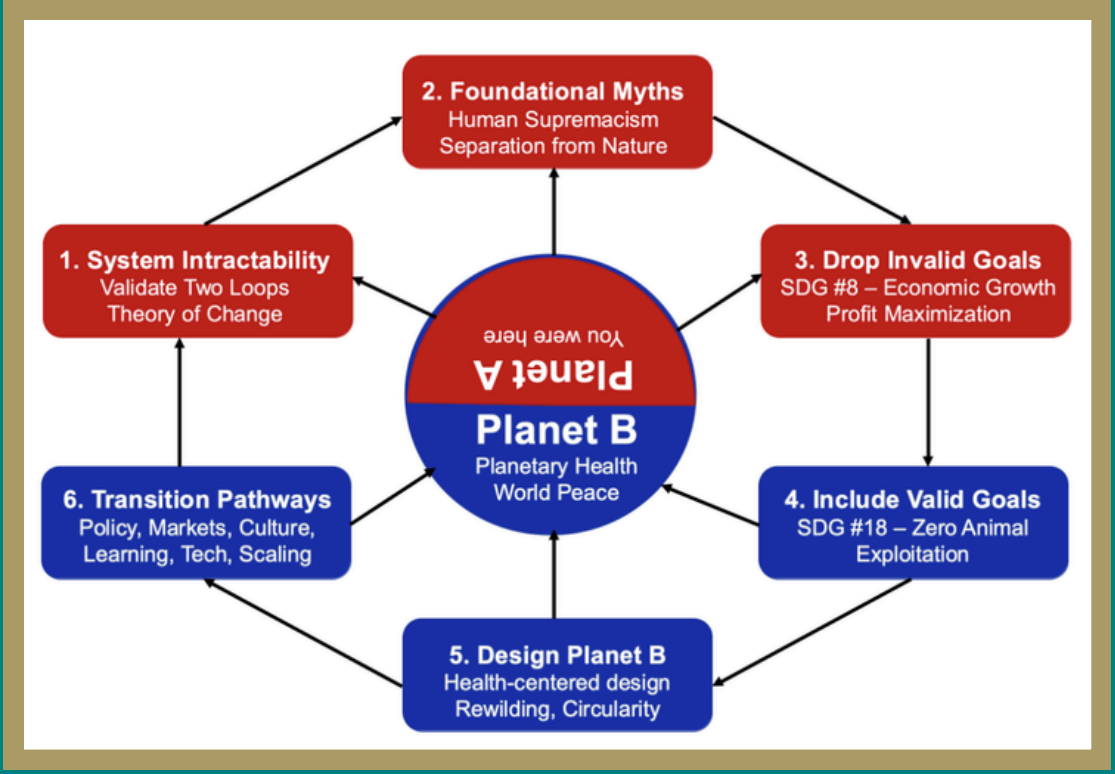
Want to hear more insights from the animal beloveds?

Want to hear amazing and uplifting stories?

Want some inspiration in your day?

If so, check out our YouTube playlist!

Watch Here!



A Proclamation for Planet B!

It comes as no surprise that our current planet is not flourishing. As custodians of this planet, we need to upgrade our thinking, systems and approaches - and fast!

Dr Sailesh Krishna Rao and Gerard Wedderburn-Bisshop have written a paper outlining how we can achieve this. You can access it for free HERE.

As they write, "... we validate the Berkana Institute's Two Loops Theory of Change which posits that big living systems cannot be changed from within. We can only abandon them and start over. We show that the desired objectives of world peace and planetary health can be attained through a "Planet B" style engineering of human systems to meet the 17 UN Sustainable Development Goals (SDG)..."

So how do we do this?

The Proclamation for Planet B states: " We, people and communities of Earth, acting in friendship with all Life:

- Celebrate freedom as the birthright of every human and non-human being to live, flourish, and pursue well-being without fear or domination;

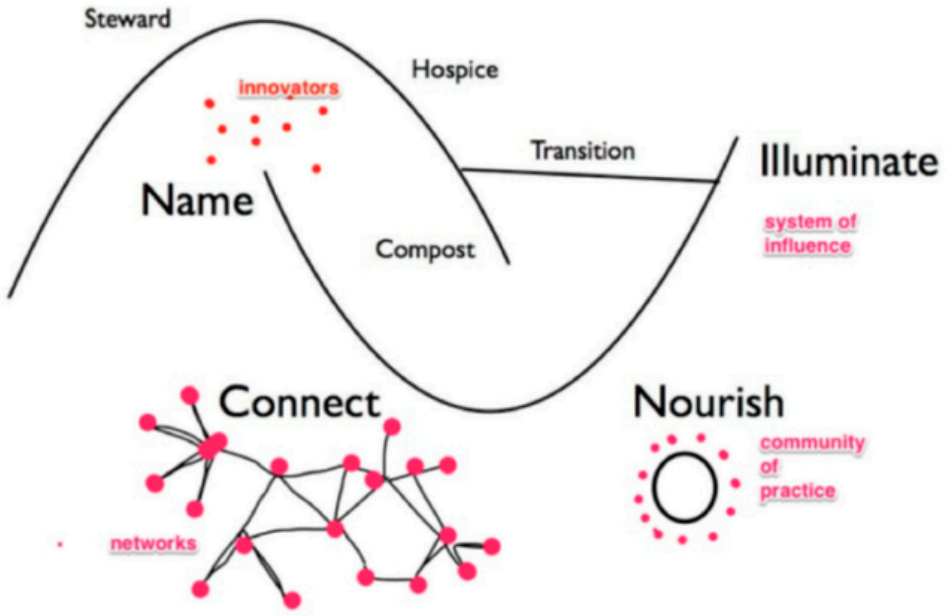


Figure 2. The Berkana Institute's Two Loops Theory of Change (*source:* Berkana Institute).

A Proclamation for Planet B!

- Affirm ahimsa (non-violence), compassion, and reciprocity as the moral center of a peaceful civilization;
- Recognize that planetary health and world peace grow from systems designed for care rather than harm;
- Choose to add SDG #18: Zero Animal Exploitation as a shared societal goal, and to place sufficiency and regeneration ahead of growth for its own sake;
- Resolve to transition by consent and collaboration to plant-based ways of living that honor interdependence and restore Earth's living systems."

"... May Planet B be the world we build together, freely, and with love." Read the rest of the Proclamation HERE!



Dr Sailesh Rao - Climate Healers



Many prophecies from around the globe, and in different faiths, predict a vegan future. Some of these are explored in the free book Soul in Harmony. This is one of them...

"The wolf will live with the lamb, the leopard will lie down with the goat, the calf and the lion and the yearling together; and a little child will lead them.
The cow will feed with the bear, their young will lie down together, and the lion will eat straw like the ox.
The infant will play near the cobra's den, and the young child will put its hand into the viper's nest.
They will neither harm nor destroy on all my holy mountain, for the earth will be filled with the knowledge of the Lord as the waters cover the sea." (Isaiah 11:6-9)

Misty Speaks From Her Heart

By Betska K-Burr
Vegan Animal Communicator



Every summer my husband and I toddle off to this farm on Vancouver Island, Canada to purchase several pounds of berries for the freezer. On the property is a beautiful farm store that sells fresh produce and flowers and, unfortunately, animal-people meats. Behind the farm store is a petting zoo where parents bring their children to make friends with baby chicks, ponies, llamas, pigs etc.

Previously, I voiced my concern about the killing of animal-people for human consumption to the male owner of the establishment; however, his response was that he had to feed his family.

My return comment was that there are many ways to feed your family (such as selling plants and berries) versus engaging in the killing karma of animal-people for food. My response fell on deaf ears as they have further grown their meat business.

While my husband was paying for the berries, I wandered off to the petting zoo to chat with the animal-people. I didn't need to pay money to enter the zoo because some of the animal-people were right behind the fence. Right in front of me, in a shaded sitting area, was a family of four, parents plus two little girls probably around the ages of 6-8. They were playing with the baby chicks that were being housed in a large box. Also taking advantage of the shaded area was a mini horse who looked so forlorn.

One of the little girls told me that the horse's name was Misty. Well, Misty stood there as if the entire world was on her shoulders.

I instantly began to speak with Misty whose head was so low it

Misty Speaks From Her Heart

By Betska K-Burr

almost touched the ground. I asked her why she was so sad. She told me that she was very upset because the owners of the farm invite people to the petting zoo to enjoy and play with the animals and then kill the animal-people for food which they then sell in the farm store.

I mentioned to the family that I was an animal-communicator and then proceeded to tell them what Misty had told me.

My mention of the animal cruelty shocked the family. The eldest of the little girls made disdainful sounds like “oooooh” and almost dropped the chick she was holding.

The father, probably feeling guilty, removed his hat and looked a bit hot under the collar at my forthright telling of Misty’s feelings. I also said that there is no need to eat animals when we have so many nutritious plants to eat. Plus, clearly Misty demonstrated that animals have feelings.



I have a feeling that the declaration of Misty’s feelings woke up the hearts of all four family members that day. As for Misty, as soon as I shared her feelings, Misty’s tail began to wag. I was so happy that I could help Misty that day and, by extension, perhaps I helped save some animal lives.

All I know is that the time is urgent. We need to courageously speak about animal cruelty.

Betska K-Burr, known as The Guru Coach™ is the developer of The Divine Healing System and the Science of Mind-Kinetics® for Coaching and Leadership. A prolific author of many books and articles, she is a Life and Executive Coach, Trainer and Confidante to folks in 50+ countries. Learn more about her and her work at: www.coachingandleadership.com.





Free Vegan Nutrition Course

ACCESS THE COURSE HERE.

- Learn the truth about common nutrition misconceptions
- Tips for Optimizing Nutrient Absorption
- Receive Sample Menus with Key Nutrient Figures
- Learn How To Read Food Labels
- Receive Beautifully Presented Class Notes
- Learn about Protein, Carbohydrates & Fats Including Omega 3, EPA & DHA and How to Obtain These
- Learn About Key Vitamins and Minerals: Calcium, Iron, Vitamin D and Zinc.

CREATED BY AN ACCREDITED, DEGREE-QUALIFIED NATUROPATH.

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